
















DINNER MENU

STARTERS









Thai Prawn Crackers 	2.95
Perfect nibble while waiting for your starters. Slightly spicy, served with sweet chilli sauce.	
Mixed Platter to Share	price for two £14.00 for each extra person £7.00
A platter to share with all the favourite starters - Spring Rolls, Prawn on Toast, Corn Cake, Song Sa Hai and Chicken Satay. Minimum order for 2 people (£14.00)	
Chicken Satay  	6.50
Marinated Chicken breast with Thai herbs on skewers. Served with peanut sauce	
Por Pia (Spring Rolls) 	4.90
Golden fried rice pastry rolls with vermicelli noodles and crunchy vegetables. Served with sweet chilli sauce.	
Song Sa-Hai Rolls	5.90
Prawn and chicken marinated in Thai herbs and wrapped in pastry, deep fried until golden brown.	
Goong Tempura (Prawn)	6.50
Deep fried king prawns in a light batter with panko breadcrumbs. Served with sweet chilli sauce.	
Prawn on Toast	5.90
Deep fried marinated minced prawns with garlic, pepper and coriander on toast.	
Tod Man Pla (Fish cakes)  	
Fried marinated white fish with red curry paste, egg, lime leaves and fine beans. Server with sweet chilli sauce and optional peanuts.	
Eagle Wings	5.70
Deep-fried chicken wings flavoured with garlic in a pepper & coriander sauce.	
Spare Ribs	6.30
Marinated Pork spare ribs with honey, cinnamon bark, anistar seed and aromatic Thai herbs.	
Sweetcorn Cakes 	5.20
Fried marinated sweet corn with Thai herbs, flour and a hint of curry paste. Served with sweet chilli sauce.	
Crispy Tofu   	5.20
Fried Tofu , crispy outside and soft inside served with sweet chilli sauce topped with peanuts	



SOUPS

Tom Yum  	Chicken £5.90 Prawns £6.50 Mushrooms £4.90
Ideal as starter or a side dish. Hot and sour soup with galangal, lemongrass, lime leaves, chillies, mushrooms, tomatoes and coriander.	
Tom Kha 	Chicken £5.90 Prawns £6.50 Mushrooms £4.90
Ideal as starter or a side dish. Take Tom Yum soup, add coconut milk and a few herbs, and you have a delightful Tom Kha soup	
Poh Taek (Fisherman's Soup)  	Seafood £7.95
For the seafood fans. Spicy and sour soup with mussels, squid and prawns. Full of fresh flavours like lemon grass, galangal and lime leaves. Great as a lunch dish, starter, or a side dish to share.	

STIR-FRIES














Cooked in a traditional wok by our skilled chefs using home-made sauces.
Don't forget to order rice or plain noodles with your stir-fry.

Tod Kratiem	Chicken £9.50 Pork £9.50 Beef £10.40 Prawns £10.90
Aromatic combination of garlic and coriander, stir fried with protein of your choice and home-made coriander sauce, served on a bed of lettuce. Seasoned with pepper.	
Pad Med Ma Muang 	Chicken £9.50 Pork £9.50 Beef £10.40 Prawns £10.90 Veg & Tofu £8.90
Easy going stir-fry, with a touch of spicyness from dried chillies. Carrots, spring onions and cashew nuts stir-fried with light soya sauce and your choice of protein.	
Pad Nam Mun Hoi 	Chicken £9.50 Pork £9.50 Beef £10.40 Prawns £10.90 Veg & Tofu £8.90
Mild stir fry with strong and distinctive flavour. Your choice of protein stir fried with oyster sauce, onions, carrots mushrooms and spring onions. Optional ginger (highly recommended).	
Pad Prew Whan  	Chicken £9.50 Pork £9.50 Beef £10.40 Prawns £10.90 Veg & Tofu £8.90
Thai style Sweet and Sour stir fry, one of the healthies options on the menu. Pineapples and tomatoes give this stir fry a tangy flavour. Add to it your preferred protein, onions, cucumbers, carrots and spring onions and you have a well balanced dish with full range of flavours	
Pad Kraprow  	Chicken £9.50 Pork £9.50 Beef £10.40 Prawns £10.90 Veg & Tofu £8.90
Chilli and basil is the staple of Thai cuisine, and you can find both of these herbs in this dish. Stir-fried with your choice of protein, fine beans, mixed peppers, onions and our home-made 'Top secret' sauce. Please note this dish cannot be made mild.	
Pad Kraprow Talay 	Seafood £13.90
If you love spicy seafood, you have to try this dish. Green Mussels, king prawns and squid rings stir fried with our 'Top Secret' garlic&herbs mix, onions, mixed peppers and fresh chillies. Finished with basil giving it a distinctive Thai flavour.	
Pad Pak (stir-fried vegetables) 	Veg & Tofu £8.90
Great side dish or a meal in it's own right. Flash stir-fried broccoli, sliced cabbage, carrot strips, beansprouts, baby corn with light soya sauce. Tofu optional.	

Ma Kham	Duck £12.50 Seabass £13.90
Freshly made sweet&tangy tamarind sauce poured over duck breast or fish fillet, served on a bed of lettuce. Topped with crispy fried shallots and fresh coriander.	
Pad Cha 	Seafood £13.90 Duck £12.50 Seabass £13.90
Wild ginger, lemon grass, Thai basil and baby peppercorns. Truly unique and Thai herbs, stir fried with your choice of protein, red chillies and finger chillies	
Ped Pad Prix 	Duck £12.50
Spicy, sweet and tangy duck dish. Sliced skinless duck breast stir fried with tamarind sauce, garlic, peppers, onions and chillies, Served on a bed of lettuce	




CURRIES

Spicy, mild, creamy or light. There is a curry for everyone!
Don't forget to order rice or noodles with your curry.

Green Curry  	Chicken £9.50 Prawns £10.90 Beef £10.40 Veg & Tofu £8.90 Pork £9.50
Sharp-in-flavour with a touch of sweetness. Medium-spicy thin curry cooked with coconut milk, courgettes, bamboo shoots, red peppers and lime leaves.	
Red Curry  	Chicken £9.50 Prawns £10.90 Beef £10.40 Veg & Tofu £8.90 Pork £9.50
Boldish and smooth in flavour, medium-spicy thin curry cooked with coconut milk, courgettes, bamboo shoots, red peppers and lime leaves.	
Panang Curry  	Chicken £9.50 Prawns £10.90 Beef £10.40 Veg & Tofu £8.90 Pork £9.50
Creamy curry with distinctive lime leaves flavour, cooked with coconut milk, red peppers and finished with chopped fresh lime leaves. Considered by most as medium spicy.	
Massaman Curry  	Chicken £10.20 Prawns £11.00 Beef £10.70 Veg & Tofu £9.50
Famous mild and creamy Thai curry with nutty overtones. Slowly cooked with star anise amongst other herbs, topped with few potatoes and cashews. Best served with beef.	
Kaeng Pa - Jungle Curry  	Chicken £10.20 Prawns £11.00 Beef £10.70 Veg & Tofu £9.50
One of a few Thai curries without coconut milk, a great choice if you enjoy spicy food. A quick dish made with any vegetables and herbs that could be found in a jungle. Our take on this healthy curry includes a mix of intense Thai herbs - wild ginger, lime leaves and lemongrass. Cooked with mixed vegetables.	
Duck Curry  	Duck £11.20
A bit sweet, slightly tangy, and rather spicy. Skinless roasted duck breast cooked in coconut milk with red curry paste, recd peppers, cherry tomatoes, pineapple pieces and Thai basil.	
Lamb Shank Massaman Curry 	Lamb £16.90
Described by our guest as 'divine'. Slow-cooked large tender lamb falling off the bone, with famous mild and thick nutty curry, few potatoes and cashews. Be aware, the lamb shank is big!	








STIR-FRIED NOODLE DISHES

A side dish to share or a meal by itself.

Pad Thai  	Chicken £9.50 Pork £9.50 Prawns £10.90  Veg & Tofu £8.90
The one and only, famous traditional Thai rice noodles stir-fried with home-made sweet and tangy tamarind sauce, chopped pickled sweet raddish, bean sprouts, spring onions, finely cut carrots strips and grated peanuts on the side.	
Pad Mee	Chicken £9.50 Pork £9.50 Prawns £10.90 Veg & Tofu £8.90
Quick egg noodle stir-fry with soya sauce, beansprouts, finely chopped cabbage, carrots strips and spring onions. We can make it spicy on request	
Just Egg Noodles	£3.90
Simple stir-fried egg noodles with beansprouts, thinly cut carrot strips and spring onions. Great as a side to stir fries.	

RICE

Rice to go with your stir fries, curries and specials.

Thai Fragrant Rice  	£2.90
Perfect with any stir-fry or curry.	
Egg Fried Rice 	£3.50
Fragrant rice stir fried with an egg on a wok. Great with curries	
Sticky Rice  	£3.90
Famous glutinous rice, very sticky. Server in a plastic pouch to stop it from drying out and to make it easier to serve. Often eaten with your fingers. Works well with most of dishes, but best with our signature Seabass and River King prawns dishes	
Riceberry Rice  	£3.90
Healthy unprocessed rice deep purple in colour, slightly sweet. Rich in anthocyanin helps manage cholesterol levels. Great with mild dishes, especially Massaman Curry	



Make it 'Thai Hot'

Our menu is design with all customers in mind. We do not make the dishes too spicy where possible. Let us know if you like your food extra hot. Our skilled chefs can adapt most of the dishes to your requirements.



Please let us know if you have food allergies

At One Thai, we cater for a wide range of dietary needs and preferences. Let us know your specific requirements and we will help you pick suitable dishes. Where possible, we will modify our recipes to suit your needs better.



01920 485 978

WWW.ONETHAI.COM

7 MARKET SUQARE, BISHOP'S STORTFORD, CM23 3UP

